

**Outreach Projects/ Activities for the Local Community
Year 2025 (January – December 2025)**

Faculty of Health Sciences

Title	Description	Date	LINK (if available)
CUT: Preparation and Empowerment Program for Motherhood in Limassol (RESPECT)	The Department of Nursing coordinates the European project RESPECT, which focuses on creating a culture of respect in maternity care. As part of the project, a preparation and empowerment program for expectant mothers is offered in Limassol.	12/01/2025	https://www.cut.ac.cy/news/article/?contentId=591770
Interdisciplinary Conference for the Elimination of Female Genital Mutilation (FGM)	An interdisciplinary conference aiming to raise awareness about the severe physical and psychosocial impacts of Female Genital Mutilation (FGM). The event is scheduled for February 5, 2025, at the Siakoleio Educational Centre for Clinical Medicine in Nicosia.	22/01/2025	https://www.cut.ac.cy/news/article/?contentId=592160
EU-MiCare	Through the platform, users have access to four training modules: <ul style="list-style-type: none"> • Psychosocial care in the context of migration • Identification and assessment of mental health needs • Management of mental health needs • Self-care for professionals 	30/09/2025	https://www.cut.ac.cy/events/event/?contentId=613770

International Day of Zero Tolerance for FGM: Need for Interdisciplinary Action	The Department of Nursing and MIGS organised a conference on the International Day of Zero Tolerance for Female Genital Mutilation. The event emphasised the need for interdisciplinary cooperation and institutional interventions to combat FGM.	10/02/2025	https://www.cut.ac.cy/news/article/?contentId=594600
CUT/MedLit: Training for Safer Medication Use and Improving Health Literacy	CUT participates in the European "MedLit" project, which aims to improve health literacy regarding safe medication use and vaccines. The project targets parents, the elderly, and caregivers with educational workshops and digital tools.	10/02/2025	https://www.cut.ac.cy/news/article/?contentId=594590
Event for "World Hearing Day" at CUT	An event organised at CUT to mark World Hearing Day, focusing on awareness regarding hearing health and rehabilitation.	14/03/2025	https://www.cut.ac.cy/news/article/?contentId=597340
Final Conference of the HEAL-Cyprus Project	The concluding conference of the HEAL-Cyprus project, which investigates the links between environmental factors and public health in Cyprus. Results regarding air quality and health impacts were presented to stakeholders.	27/03/2025	https://www.cut.ac.cy/news/article/?contentId=599440
CUT/World Health Day: Experiential Workshop on Breastfeeding	An experiential workshop on breastfeeding held as part of a continuing education day for health professionals. The event was organised by the National Committee on Breastfeeding with the message "Educating, Supporting, and Promoting Breastfeeding".	07/04/2025	https://www.cut.ac.cy/news/article/?contentId=601040
CUT Nursing Students Awareness Campaign on Postpartum Depression	Students from the Department of Nursing created audiovisual material to inform and raise awareness about postpartum depression. The initiative aimed to combat stigma and highlight	06/05/2025	https://www.cut.ac.cy/news/article/?contentId=603390

	the importance of early recognition and support for new mothers.		
1st Multidisciplinary Pediatric Nursing Care Day	An educational seminar titled "Pediatric Nursing: Building Bridges of Care for the Child and the Family" was organised to empower nurses. The event was a collaboration between CUT, the Cyprus Association of Nurses and Midwives, and the Ministry of Health.	03/05/2025	https://www.cut.ac.cy/news/article/?contentId=602470
Alzheimer's Disease Awareness Video by Nursing Students	As part of their academic coursework, Nursing students produced a special awareness video for Alzheimer's disease. The project aimed to remind the public that individuals with dementia remain people with deep emotional needs and feelings.	02/05/2025	https://www.cut.ac.cy/news/article/?contentId=602460
Conference on Mental Health Nursing for Children, Adolescents, and Young Adults	The Department of Nursing organised a scientific one-day conference focused on Mental Health Nursing for young people. The event was co-organised with the Mental Health Sector of the Cyprus Nurses and Midwives Association to promote specialised care knowledge.	12/05/2025	https://www.cut.ac.cy/news/article/?contentId=603800
Training Nurses in Patient Triage (A&E Safety)	The Department of Nursing of the Cyprus University of Technology, in collaboration with the State Health Services Organisation (SHSO), delivers a specialised training programme on patient triage for nurses working in Accident and Emergency Departments. The programme aims to strengthen clinical decision-making, improve patient safety, and enhance the quality of emergency care. Through practical training and evidence-based approaches, participants develop the skills required to	19/05/2025	https://www.cut.ac.cy/news/article/?contentId=604880

	prioritise patients effectively and respond to critical situations in emergency settings. The initiative contributes to the continuous professional development of healthcare professionals and supports the strengthening of the national healthcare system.		
3rd Scientific Conference for Information and Awareness on Dementia and Alzheimer's Disease	The Department of Nursing of the Cyprus University of Technology organised the 3rd Scientific Conference titled "Talking about Dementia - Building a Care Society". The event, held under the auspices of the Ministry of Health, aimed to enhance health professionals' knowledge and skills regarding dementia and Alzheimer's disease, inform the general public, and empower caregivers to better manage the multifaceted needs of people living with dementia.	05/09/2025	https://www.cut.ac.cy/news/article/?contentId=613220
World Mental Health Day - October 10, 2025	Awareness action by Nursing students creating messages of hope and reducing stigma around mental health through symbolic public engagement.	15/10/2025	https://www.cut.ac.cy/news/article/?contentId=617860
Awareness campaign against violence towards women	The Nursing Department led the organisation of a student-driven awareness campaign (November 25) as part of the Mental Health Nursing pre-graduate course, promoting awareness for the International Day for the Elimination of Violence against Women.	24/11/2025	https://www.facebook.com/watch/?v=1392768475698397&vanity=100060583014218
Participation in an awareness campaign on	Participation of the Nursing Department/Dr Maria Karanikola in an awareness campaign on women's	10/11/2025	https://www.facebook.com/watch/?v=426179167219339&vanit

women's empowerment & rights	empowerment & rights coordinated by the AVON cosmetics on 8 th of March.		y=eleniterezaki.avondodekaniso u
"After the Fire: The Invisible Dangers for Our Children"	The event, which is part of the series of activities for Green Week, focused on the invisible but serious consequences of wildfires on children's health, as well as the need for collaboration among stakeholders for effective prevention and management. Korina Constantinou, Research Associate at the Cyprus International Institute for Environmental and Public Health of CUT (Cyprus University of Technology), presented the work of the Cyprus Children's Health and Environment Observatory – CHILDRENFIRST, while Professor Konstantinos Makris analysed the impact of forest fires on children's health and the importance of long-term air quality monitoring.	16/10/2025	Facebook Green Energy: Οι αόρατοι κίνδυνοι για τα παιδιά μετά τη φωτιά
11th Annual Public Health Workshop	Hosted by the Cyprus International Institute for Environmental and Public Health, a practical and engaging forum that brought stakeholders together to explore how schools can champion health and wellbeing. Key messages I take home from the Workshop include the importance to work towards reducing childhood obesity, managing digital risks to children's health, and improving classroom air quality while creating greener, happier schools. The Workshop also underscored that strengthening healthy behaviors in adolescence improves lifelong health and	07-08/10/2025	11th Public Health Workshop EN 250922.pdf

	lowers the burden of noncommunicable diseases such as cardiovascular disease, type 2 diabetes, and cancer.		
“Final National Event EU-MiCare”	“Mental Health of Migrants & Refugees: Tools, Networks, Perspectives”	30/09/2025	https://www.facebook.com/eumicareproject
Training for teachers	Academic staff of the Department of Rehabilitation Sciences — Dr Papastefanou, Dr Theodorou, and Prof Kambanaros — delivered a series of training seminars to primary school teachers under the auspices of the Ministry of Education of the Republic of Cyprus, as part of the project «Μαθαίνω Ελληνικά στο δημοτικό». The seminars focused on the identification of multilingual children who may experience Language Disorder and literacy difficulties, both of which are recognised as neurodevelopmental disorders.	October and November 2025	https://www.facebook.com/p/%CE%95%CE%BB%CE%BB%CE%B7%CE%BD%CE%B9%CE%BA%CE%AC-%CF%83%CF%84%CE%BF-%CE%B4%CE%B7%CE%BC%CE%BF%CF%84%CE%B9%CE%BA%CF%8C-61573350892307/
Awareness campaign for Developmental Language Disorder	Academic staff, PhD students, and undergraduate students from the Department of Rehabilitation Sciences, in collaboration with the Association of Registered Speech and Language Pathologists of Cyprus, organised a public awareness event targeting both professionals and parents to raise awareness about Developmental Language Disorder (DLD) in Cyprus.	18/10/2025	https://www.facebook.com/share/188HXzfnDs/?mibextid=wwXifr
World Mental Health Day – OT Program Participation in SHSO Event - October 10, 2025	The Occupational Therapy Program at CUT participated in the World Mental Health Day event organised by the Mental Health Services of the State Health Services Organisation (SHSO),	10/10/2025	https://www.facebook.com/share/v/1CDFUb7KbL/

	coordinated by the Occupational Therapy Department. Students actively participated in a march and awareness-raising activities in Limassol, promoting a stigma-free, supportive attitude towards mental health.		
World Occupational Therapy Day – OT Students Awareness Campaign – October 27, 2025	First-year students of the new Occupational Therapy Program at CUT created a series of awareness activities to promote the profession on World OT Day (WorldOTDay): interviews with the student community, a one-handed activity challenge to demonstrate the value of occupational therapy, an informational poster, and an explanatory video about Occupational Therapy.	27/10/2025	https://www.instagram.com/mi_nispot.cut/reel/DQUn86oDJOV/ https://www.instagram.com/mi_nispot.cut/p/DQUr5bhjEIE/ https://www.instagram.com/mi_nispot.cut/reel/DQUv5FVjMAh/ https://www.instagram.com/mi_nispot.cut/reel/DQUq7y_j00a/